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# Dear You, Fuck You

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dear  
you,  
FUCK  
YOU!



Written by:

Emily Iverson, Maddie Moffett,  
and Annie van Brankhorst.



Dear Reader,

No, we're not talking directly to you. We actually really like you.

This is a compilation of feelings and facts in the form of strongly worded letters to people, places, and things that have oppressed us.

We hope you enjoy reading this as much as we enjoyed making it.

Now, join us in  
saying: **FUCK YOU!**  
- E. M. J

# The Dear You, Fuck You manifesto

So many girls,  
ourselves included  
grow up

hiding their talents,  
dumbing their intellect,  
& hating themselves  
because the patriarchy  
told us to.

We want to say: **Fuck That.**

Ladies, you're perfect - E.M.J



Dear Conservative Family Member Who Desperately Needs Feminism,

I'm really happy that you're satisfied living on your ranch in butt-fuck-Colorado-Utah where everyone is forced to listen to what you say and won't argue. I'm *SO* stoked that you gave birth to my awesome cousins. Seriously.

I mean that. But let me tell you something. Just because you're the president of your Church council, doesn't mean you're the expert on morality. Don't tell me next Thanksgiving about how weird you think it is that I cross-dress. Don't make snide comments to my mom about how much I eat because you're worried that "I'm getting chubby." Don't criticize my driving. Don't come at me with your political bullshit on Facebook if you won't even listen to what I have to say. Stop rejecting the fact that your daughter is gay. Stop acting like her rape didn't happen because she was "asking for it." Stop keeping her prisoner. I know you don't mean to be hateful. I've seen how generous and loving you can be. All I ask is that you SHUT THE FUCK UP for once, and recognize that your "advice" is judgment that no one asked for. In fact, it's festered anxiety in both me and your daughter for years. So please, *open your eyes to this goddamn century, and realize that this family—this reality—is not yours to control.*

-M



Dear My Film History Professor,  
If I write your assigned  
essay about why your lesson under-  
valued Indian history and perpetuated  
post-colonial, Anglo-centric ideologies,  
the last thing I want to read in  
your comments is "I taught it  
right." You didn't even address my  
argument, just mansplained that  
I was wrong and your privileged,  
small-minded opinion was the only  
right answer. You're a bigoted,  
sexist asshole. I need you to  
go fuck yourself and maybe  
even die in a hole. ♡ J





# How to take back

and in turn help millions of women and children around the world—

Consumer Control

## 1. ONLY BUY 2ND HAND

Shop at places like Good Will, Savers, Deelux and the Salvation Army to take a stand against fast fashion and consumerism. You won't buy into unethical brands like H&M and Forever 21, and by recycling clothes, you'll cut down on consumer waste.

## 2. KNOW WHAT'S IN YOUR TAMPONS

The narrative claims that feminine hygiene products are made simply of cotton, but this simply isn't true. We don't think about it much—what we're shoving into our bodies once a month—but it's quite important. Cotton is often genetically modified and/or doused in harmful pesticides. Big manufacturers combine cotton blends with rayon and other synthetic materials that emit chemicals. Try brands like LOLA, Kali or Veeda rather than Tampax or Playtex. They use 100% pure natural cotton and can be shipped to your door.

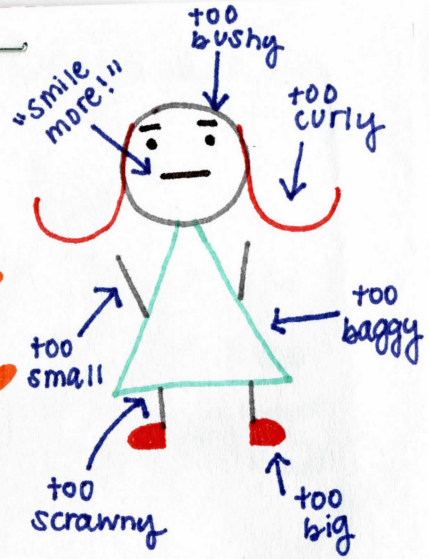
## 3. SIGN A PETITION

Hold companies and lawmakers responsible for outsourcing and sweatshop funding. There are many opportunities online through websites such as change.org or go directly to the source on Twitter, via email or snail mail. Express concerns, cite statistics, and make it clear that you and everyone you know has stopped buying their bullshit because x, y and z.

Consume responsibly,  
-E



DON'T  
get



DISTRACTED





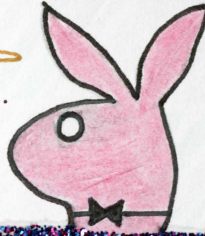
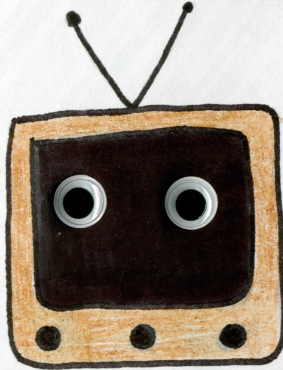
VOGUE

SEPHORA

Weight  
Watchers

Feeds

of vaginal  
institute



-M



## An Open Letter to My Molester


For a long time, I repressed what you did to me. For a long time after I remembered, I wanted to forget again. But I couldn't. So fuck you.

I was 13, and the oldest of the 9 you abused. Fuck you for stealing our childhoods.

You were our swim coach, a trusted adult. Fuck you for abusing that trust.

I can't look at pictures from those summers anymore because you're in them all. Fuck you for tarnishing my memories.

Most of all **FUCK YOU** for using my body for your pleasure because I didn't know that I could say no.

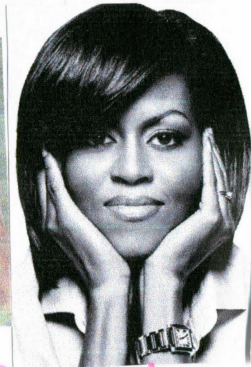
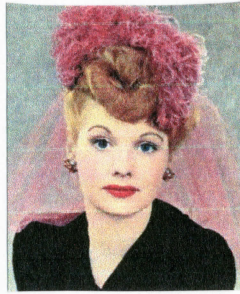
I hope I never see you again, you fucking Jackass.  J



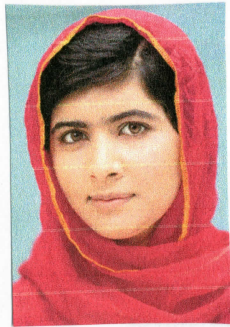
FUCK  
Everyone and  
every thing

PERFECT  
you're telling you  
not  
(because you are)  
♡





Women who said  
♀ "FUCK YOU!" ♀





Dear teenage me,

I know you're going through some tough stuff right now, and that's ok! You're going to make it, I promise, but until then, here's a pep talk.

\* you are worth so much more than you think.

\* forget those magazines.

No one is that gorgeous without photoshop.

\* you make your future for yourself. don't wait around for something to happen - make it happen.

I'll love you forever - J



Dear Future Daughter,

I hope you grow up in a world free from bias and misogyny. I hope you learn to love everyone you meet, although it may be difficult. I hope no one ever makes you feel like you aren't enough because of the way you look, act, or feel. YOU ARE ENOUGH. I hope you become confident, and learn to love the quirky, beautiful tools you were given. I hope you meet many wonderful people in your life who appreciate your gifts as much as I do. I hope you know that it's okay to make mistakes, that it's okay to say "no," and that it's okay to fight back. And most of all, I hope you remain hopeful. - M



## About the Authors

Emily Iverson: a graduating Ph.D. Ad major, sociology minor

Feminism has become a way of life for her in which she confronts sexist & problematic remarks with confidence. She seeks social justice and hopes to use her degrees in the music industry to support morally conscious, independent artists.

Maddie Moffett: feminist/mac + cheese enthusiast/otter mom/muppet.

She'd really like to thank her rad as hell mom and Yia who raised her for making her the loving, fiery oddball she is today. She hopes to combine her love for feminism with her comedy obsession on your favorite sitcom one day.

Jacqueline van Bronkhorst: fierce

feminist who hopes to one day grace your TV and movie screens with feminist stories and ideas.

Strangely enough, women are people too, and should be portrayed as



10

I hope  
from  
learn  
it ma  
make  
becau  
YOU  
confi  
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you n  
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much  
okay  
to sa  
back

